## **Cascade Bruin News**

CASCADE HIGH SCHOOL NEWSLETTER

September 2018

VOLUME 2, ISSUE 1



### From the Principal

Dear Cascade Families,

I am so excited about the beginning of the school year. Though it seems like it was just moments ago that we were celebrating the graduation of our class of 2018, it is time to begin our new year. As band camp, athletics, and student leadership activities began in August, I begin to feel the anticipation of the school year. By this time of the summer, I am ready and happy to greet our students and families who are returning to Cascade this year. I'm also very excited to welcome our students and families who will be joining the Bruins for the first time. So, if you are returning to Cascade, welcome back! If you are new to Cascade, I offer you a very warm welcome!



www.everettsd.org/cascadehs

As we have been preparing for the beginning of the school year, we have been thinking about the role we as educators have in our community. One way I envision our role is that of bridgebuilders. Here are some ways we work to build bridges:

- Building bridges between the students we have today and their future. Students will graduate from Cascade and will need to be prepared not only for the careers we envision today, but careers that don't exist in a constantly changing world. Success is not defined only by success in a career, but also as contributing members of a community. Through technology access and engaging instruction that encourages independent and creative thinking as well as collaboration, we are building bridges between today and the future. Ensuring students learn the tools, skills, and knowledge they will need to be successful in the future is how we build these bridges.
- Building bridges between our school and the families and community, we serve. To be successful in our role, we need partners. Those partners include the families of our students as well as the greater community. Sometimes, it can feel like there is a gulf between our families and community and our school. Our role is to build a bridge so that you feel that you belong at Cascade High School and have an important

voice in the education of your children. We are grateful for the help of parent and community organizations like Bruin Community Parents and Natural Leaders in helping us build these bridges. We also want to have more families involved and want to know your hopes and dreams for your children. We are working to build these bridges.

• Building bridges among students of diverse backgrounds to form a community of learners. Every time I gather with a group of Cascade educators and talk about why we love our work at Cascade, the diversity of our student body is called out as a strength and a reason for the joy we find in our work. We see part of our job as ensuring that each student's voice is heard and valued in the community of learners. This year, the student leadership has selected a theme: Bruins are Better Together! The educators at Cascade will work to help students build this strong community.

#### Cathy Woods Principal

Cascade High School 801 Casino Road, Everett, WA 98203

September 5
Welcome Back to CHS!

September 7
Learning Improvement Friday

September 11
1:1 Device Distribution

September 13
Arena Day

September 14
Learning Improvement Friday

September 21
Learning Improvement Friday

September 28
Learning Improvement Friday

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• Building bridges between students and the adult educators to build a sense of belonging. We know that students learn best when they know they have a strong sense of connection to the school and to the educators (teachers, paraeducators, office staff, custodians, food and nutrition workers, bus drivers, counselors, administrators) who serve them. Studies show that young people grow up to be more resilient and successful adults if they have adults in addition to family members who are advocates and mentors for them. And, we know the stresses and anxieties that many of our students face today. We see this bridge-building role as vital to our success as educators of these young people.

So, I ask you to join us. Partner with us in building bridges so that we create a more connected and inclusive community. You likely have skills and knowledge and creativity that will help us. Please feel free to contact me directly to find out how you can become more involved in support of the young people in our school.

Thank you and welcome to the 2018-19 school year!

Sincerely,

Principal, Cascade High School

Cwoods2@everettsd.org

## **CHS Bear bots Career Day**

Cascade Bear bots FRC Team 4512 is holding our second annual Career Day Sept 26th from 1-3 pm. This year is a huge opportunity for all of Cascade High School and the district. Three of our confirmed guest speakers are listed here.

- Justin Palachuk Business Agent for Cement Mason at Cement Mason Local 528 greater Seattle Washington
- Mina Hooshangi Strategy and Business Integrator for the Leadership & Professional at Boeing Company Everett.

In addition, we have a once in a lifetime guest career speaker who has agreed to attend.



IHSSANE MOUNIR
Senior Vice President
Commercial Sales & Marketing
The Boeing Company

Biography - Ihssane Mounir is senior vice president of Commercial Sales & Marketing for The Boeing Company, the world's largest aerospace company and the leading manufacturer commercial airplanes. Appointed to this position in 2016, Mounir is responsible for the sales and marketing of commercial airplanes and related services to airlines and leasing customers around the world.

This is an opportunity for all of the clubs in the school to engage with career professionals we may never get the chance to have attend again. We are hoping that all of Cascade can band together and make this a career event that will positively impact as many students as we can.

If you have questions please do not hesitate to contact me or one of the Robotics students for more information.

Neil Palachuk
Cascade Bruin Robotics
Advisor/Mentor/Coach
npalachuk@everettsd.org
425.210.3385





## **CASCADE HIGH SCHOOL**

### **Associated Student Body**

Dear Cascade Students and Families,

On behalf of the ASB officers and leadership students at Cascade, I would like to welcome you to a spectacular school year! It is truly an honor to have the opportunity to serve the student body alongside my fellow ASB officers. We have some fun and new ideas for you to look forward to in the coming school year.

So far, we have worked to promote events like Battle for Broadway and other featured sporting competitions. We received great turnouts at those events and look forward to successful seasons for all of our athletes. As the year ramps up, we are also looking forward to supporting our clubs and other student organizations. We encourage all of our students to join one of our myriad clubs and music/art programs as they kick off their new year.

At Cascade, we believe in the power of meaningful, strong connections. This year, we hope to host and support events that promote a culture that is inclusive and connected. Therefore, in addition to our more traditional events like Food Drive and Homecoming, which we will be continuing, we are hoping to host and support new events that showcase the unique diversity at our school. Through this, we hope to 'build bridges' between each other so that we can find unity in our diversity.

This year, Bruin Leadership attended a class retreat where they came up with the motto for the year, "Bruins are Better Together". This motto transcends more than just a feeling of connectedness. By saying this, we hope to convey a theme of synergy, a message that shows that there is strength in our differences. So often in life, we are told that our differences separate us. This year, we are changing the mold and challenging what is normal. At Cascade, no matter your ethnicity, gender identity, sexual orientation, background, or other character trait, you have a home and are part of a community that celebrates you. We will work hard to make sure that each and every student is being heard and represented here at Cascade.

Together, we can make this a successful and memorable year. Every student has something valuable to offer to our student body, and because of that, we are excited to embark on this journey with you all this year. Always remember, *Bruins are Better Together!* 

Sincerely,
Joe Hofman
ASB President
Cascade High School



### 



Arena and Picture Day, September 13th. Purchase your ASB, Yearbook and Parking Permit! All students will also have their picture taken at this time. Prices are as follows – ASB Card - \$45, Yearbook - \$60 (with current ASB), Yearbook \$70 (without current ASB), Parking \$25 (with current ASB), Parking \$40 (without current ASB). All obligations must be cleared before Arena Day (Sept. 13th) in order to purchase yearbook and/or parking permit. No obligations or athletic fees will be collected on this day. Parking permit forms can be found at the Treasurer's office or on the CHS homepage.

## Senior Information!

Class of 2019 Timeline

Class of 2019 T-shirt Sales Online!





www.everettsd.org

### **Senior Sunrise**

September 19<sup>th</sup> @ 6:40 am, CHS Fields

## **Senior Meeting**

October 4<sup>th</sup> @ 9:20, CHS Cafeteria

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#### Cascade HS - Picture Day is Almost Here!

Picture day is quickly approaching. Pre-orders for picture packages may now be placed online at https://ios.mydorian.com/using/your school's access key provided here 24MLHA7R. Online pre-orders using your school's access key are available up to 4 days after picture day.

For information and helpful hints to help your students look their best, please see the information below.



#### An envelope with your picture date access key will be coming home soon!

Pronto llegará a su casa un sobre con la fecha para su día de la foto.

#### Pre-pay online ordering.

Parents have the ability to order pictures using the access key found on your picture day privelope before and up to 4 days after picture day.

#### Post picture day online ordering.

A special, personalized appeas key will be available to parents approximately 3 weeks after picture day for online idenling and ordering.

After 4 days your order may be subject to a \$7 shipping and handling lee.

#### Paque por su orden en línea.

Los padres pueden ordenar las fotos con la clave de accesso imprimido en el sobre de fotos hasta cuatro dias después del dia de la foto:

#### Despúes del día de la foto

Una clave de accesso personalizado estará disponible para los padres aproximadamente tres semanas después del día de la toto en linea para que pueda ver y ordenar las fotos.

Despues de quatro días, una tanta de envío de siete diliares se agregará a su total.

Regardless of payment option, bring payment or online receipt and completed envelope to picture day.

El día de la foto, traiga el pago y el sobre con todos sus datos.

#### Here are some tips to make picture day great!

Aqui tiene algunos consejos para hacer de dia de la foto un gran dia.

#### Schedule haircuts

7 - 10 days prior to picture day is best!

Programe los cortes de cabello.

Es el mojor 7 a 10 días artes del día de la fotal

#### Simple clothing

Solid shirts or small patterns, along with diseases, photograph best. A aimple collared shirt is a timeless classic.

Ropa sencilla.

Las camisas sólidas e los diseños pequeños junto con las mangas fotografían mejor. Una camisa sencilla con cuelloes una prenda clásica qe simpre queda bien.

#### Logos and text

Graphics or wording may not photograph completely and become partially cropped out of your picture.

Logos y texto. Es posible que los grácos y los textos no sean captados completemente o se vezr cortados en la foto

If you have questions please call our Customer Advocate Department 1 (800) 826-3535

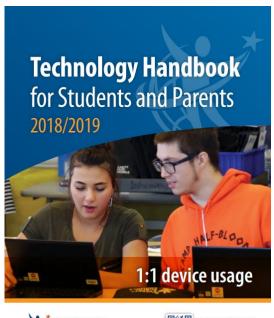


#### 1: 1 Student Devices

Everett Public School's Integrated Technology Plan (ITP) will launch into its secondyear this fall, equipping Cascade High School students with a Lenovo ThinkPad L380 Yoga laptop. Technology is an educational basic in schools today and 1:1 device access levels the playing field, making sure all student have the same tools aligned with classroom learning.

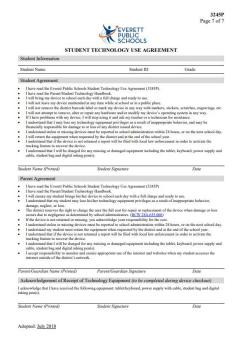
#### SEPTEMBER 11, 2018 - 1:1 Technology Distribution Day

ALL students will need to have a completed Student Technology Use Agreement form on file before they can receive a device! Please click on the image below (right hand side) to access the form. The form is also available for pick up in the main office! Please return completed forms to Cascade High School before September 11<sup>th</sup>. Students will need to bring picture ID on distribution day to pick up their devices.









https://www.everettsd.org/Page/23798



## College Entrance Exam Dates

2018-2019

### **ACT** TEST DATES

Register at www.act.org

Test Date	Registration Deadline	Late Fee Required (mail / phone)
September 8, 2018	August 10, 2018	August 11-26, 2018
October 27, 2018	September 28, 2018	September 29-October 14, 2018
December 8, 2018	November 2, 2018	November 3-19, 2018
February 9, 2019	January 11, 2019	January 12-18, 2019
April 13, 2019	March 8, 2019	March 9-25, 2019
June 8, 2019	May 3, 2019	May 4-20, 2019
July 13, 2019	June 14, 2019	June 15-24, 2019

### **SAT** TEST DATES

#### Register at www.collegeboard.org

Test Date	Registration Deadline	Late Fee Required (mail / phone)
August 25, 2018	July 27, 2018	August 7-15, 2018
October 6, 2018	September 7, 2018	September 18-26, 2018
November 3, 2018	October 5, 2018	October 16- 24, 2018
December 1, 2018	November 2, 2018	November 13-20, 2018
March 9, 2019	February 8, 2019	February 19-27, 2019
May 4, 2019	April 5, 2019	April 16- 24, 2019
June 1, 2019	May 3, 2019	May 14-2 2019

CLASSES OF 2017 AND BEYOND*			
SUBJECT	SAT	ACT	
Math	430	16	
ELA**	410	14	
Science	Not required for graduation		

- ✓ For those who qualify, the ACT & SAT exams are approved alternatives to the SBA Exams.
- Students who have attempted the SBA and have not met standard may qualify for a fee waiver.
- Contact the Assessment Success Coordinator for additional information.

<sup>\*</sup> See the Assessment Coordinator for minimum score requirements for the classes of 2016 and prior.

<sup>\*\*</sup> Students must take the SAT with Essay or the ACT with Writing exams to generate ELA scores.



### **New Opportunities for Students!**

Cascade High School is introducing new opportunities for students to prepare for a future in education!

Educators Rising is a nation-wide organization geared toward developing and strengthening a love of teaching in high school students. Every year, the organization holds a national conference where students compete for scholarships as well as attend breakout sessions and learn key elements of teaching and the skills required for the profession. This last June, four students attended an educational conference in Orlando, Florida, for the purpose of understanding the ins-and-outs of the organization. Throughout the conference, students and chaperones attended informative sessions and heard from speakers.

Because Washington is not an official state partner with the Educators Rising organization yet, there are no state-level competitions for our students to gain an understanding of how to prepare for a competition at the national level. Attending the Orlando conference in this first year of development in Everett Public Schools was crucial for a clear understanding of the rigorous preparation needed for competitions next year. To be sure, that our students are prepared for the strong competition and to gain exposure to the educational field, we also have new course offered for those interested in exploring what it takes to work in the education field.

We are very excited to partner with EvCC to offer an Introduction to Education course here at the CHS campus. This is a full-year course and allows students grade 10-12 the opportunity to take college credits at the high school level. The course is open to all all grades, but policies currently only allow 10-12 grade students to apply for the college credit.

The first semester of the course will have students looking at different teaching models, classroom management strategies, laws pertaining to teaching, and applying personal experiences to teaching theories and practice. The second semester provides students the opportunity to work with a teacher at an elementary or middle school to observe teaching practices and work with students in a leadership role. This course will allow students to take a course in high school that earns them college credit for a class that is required for any education degree. The students in this course will have the connection



to Educators rising and will have the opportunity to utilize class time to plan and prepare for next year's competitions.

The establishment of Educators Rising and the Introduction to Education course through EvCC allows students to meet and discuss strategies and experiences as well as prepare for competitions and lessons in the future. Any students or parents interested in learning more about either of these opportunities are welcome to reach-out to DaVena Clark at CHS.



## **CASCADE HIGH SCHOOL**

### **Attendance Policies**

# Lisa Haines, Attendance Secretary

(425) 385-6004

To excuse an absence or tardy, please do one of the following as stated below.

Welcome to the 2018-2019 school year.
Please read the information below outlining the CHS Attendance procedures.

1) Written notes (paper) or an e-mail to chsattendance@everettsd.org are required to excuse a student's absence. You can also send a fax to (425) 385-6002 to excuse your student. Phone calls reported to the attendance line need to be followed up with a note or e-mail.

Upon arriving to school, late or leaving early students are required to sign in and sign out of the Attendance Office. If a student is late to school, even if it is during passing time or lunchtime, they are required to come to the Attendance Office to sign in and receive a pass to class.

Students are not permitted to leave school or meet a parent in the parking lot. For safety reasons, parents/guardians on record with the school must come into the Attendance Office to sign out their students.

If a student leaves school without permission and without signing out in the Attendance Office, their absences will remain **unexcused**.

**Do NOT text or call your student during class to have them leave**. Teachers do not allow students to leave unless the Attendance Office calls to authorize it.

- 2) Students must turn in their notes to excuse previous absences, early dismissals, bus notes, written by a parent, by 10:00 a.m. in the morning. If your student forgets to turn in their absence note, they are welcomed and encouraged to bring it within the 30-day timeframe.
- 3) Notes must be turned in within 30 days after a student returns back to school, not including holidays or weekends, in order to have the absence excused. Notes turned in past the 30-day timeframe will be accepted; however, the absence is not excused and will be coded with *LN* for *late note*.

www.everettsd.org



- 4) IF you receive a phone call saying your student was marked absent in a class and they say to you, "I was there," please contact the teacher directly about this discrepancy or have your students stop by the attendance office for a pink Attendance Correction Request slip. The student will need to take care of this with the teacher who marked them absent. The teacher is the only one that can give permission to change an absence that is deemed a "mistake" as they are the only one who can verify if a student was in class, in the wrong seat or tardy. The 30 day policy or before 10:00 a.m. policy does not apply for fixing these mistakes.
- 5) If your student is out of school <u>over 5 days due to illness, a doctor's note is required to excuse</u> the absence. Homework can be requested for students out sick over 3 days. Please be aware that we require 24 hour's notice to teachers for homework collection. You are welcome to email teachers directly to request schoolwork.
- 6) Pre-Arranged absence request: If your student is going to be out of school due to vacations, surgeries, tournaments, appointments, etc., a pre-arranged absence form is required. These forms are found on-line or in the attendance office. This must be filled out by the student and signed by all teachers along with parent/guardian. The Principal will review and consider all Pre-Arranged absence requests before approval.
- 7) PLEASE know what time your student has lunch or is in a PE class. It is not possible to find your student during lunch and extremely difficult to find them during PE. If you have to pick them up during either of these times, please send a note with your student asking for them to be dismissed at a specific time. Your student will bring that note to the attendance office before school begins to pick up a pass that will allow them to meet you at the attendance office at the time specified.
- 8) Please remember that if your student missed the bus, overslept or is running late, or had car trouble, the absence will not be excused per ESD policy.
- 9) The following excuses are considered valid and acceptable per the Everett School District Attendance Policy:
  - Illness
  - Appointment
  - Funeral
  - Emergency
  - Religious Observance



# Bruins are better together!



#### **Cascade Host Families Needed!**



This fall, 15 students from the Lycée Joffre (high school) in Montpellier, France will be visiting Everett and Cascade

High School. They will arrive on October 26th and depart on November 9th. We are looking for a few good host families! This is an incredible opportunity for your family and an invaluable experience for both parties. By agreeing to host a French student, you are not only providing your family with a rich cultural experience, but also assisting Cascade High School in developing international connections. The requirements for hosting a student are simple and include providing the student a sleeping space as well as some meals with your family. If you are interested in hosting one of these students next fall, please contact Ms. Richardson at <a href="mailto:rrichardson@everettsd.org">rrichardson@everettsd.org</a>. Cascade students can also stop by Room 610 for an interest letter and/or more information. Thank-you for your willingness to consider this opportunity.



- Free Pizza for the whole family at 5:30pm
- Career & College drop in 5:30-7:30pm
- FAFSA Completion for Seniors! (Money for college)

Learn how to earn college credit
Through AP and College in the High School

Learn how to use Naviance for planning



Thursday, October 11th, 2018 5:30 to 7:30 pm Cascade High School Cafeteria and Gym

For more information, e-mail Trish Roberts, Career Specialist, <a href="mailto:troberts@everettsd.org">mailto:troberts@everettsd.org</a>



#### CASCADE HIGH SCHOOL SPIRIT WEAR



# Available at The PRIDE SHOP in The CAVE

Hours:

Monday - Friday 7:00 am - 7:30 am 10: 45 am - 12:00 pm

425.385.6127 jjacobs@everettsd.org

> Tee shirts between \$5.00 and \$25.00

Sweatshirts between \$15.00 and \$35.00

Hats between \$5.00 and \$20.00

AND MUCH, MUCH MORE!!!!

Cash and Checks Accepted



#### Welcome to the new Bruin Staff!

English Rachel Raine Heath Room Senta Barnett Math
Patricia Percival
Shane Stenesen

Office Disney Bayot

OT/PT Pooja Saxena

Para-Ed
Kathy McLain

<u>SLP</u> Tiffany Waddington Special Education
Anne Bohannon
Itsuko Hayashi (Goal)
Stephen Knoefler
Damon Morrison
Jennifer Rinehart
Philip Smidt (Goal)
Kaye Smith
Claire Walderman

<u>Tech-Support</u> Jennifer Chambers





### Access to public records

District records are public records. Parents and other citizens have the right to ask to view or have copies of records defined as "public" under state and federal laws. These include parents' and legal guardians' student's records and records about discipline of school employees.

The district's finance and business services office handles public records requests. Request records by writing to that office at PO Box 2098, Everett, WA 98213, sending an email request to <a href="mailto:publicrecords@everettsd.org">publicrecords@everettsd.org</a>, or calling 425-385-4150.

#### Your student's records are confidential

Everett Public Schools is serious about protecting student records and privacy. The district uses multiple security measures to safeguard student transcripts and other education-related records. Only those teachers, administrators and other staff members who work directly with students (and have an educational need to know) have access to individual student records. Staff members are required to maintain confidentiality of all information in a student's records.

### **Vaccination requirements**

Students in kindergarten through 12th-grade need two doses of Varicella (chickenpox) vaccine or a health care provider document verifying they have already had chickenpox. Review vaccination requirements for your child on the <u>Washington State Department of Health website</u>.



### Four ways to stay in touch

At the bottom of every district webpage, you can sign up for <u>InTouch</u> announcements and school board meeting agendas highlights delivered to your email box twice monthly. You can also follow us on <u>Facebook</u>, <u>Twitter</u> and <u>Instagram</u>.









#### **Attendance procedures**

We look forward to seeing your child at school every day. Regular school attendance is important, and we will work with you to ensure your child is present to benefit from an excellent education. If your child is absent, please email the school at their attendance email address, which you can find on the school website.

If email is not possible, and even if you leave a message with the school attendance line, please send a written note to the school office within 30 days after your student returns to school.



### ECEAP preschool accepting applications for 2018-19

Everett Public Schools' Early Childhood Education & Assistance Program (ECEAP) is a FREE preschool program for three- and four-year-old children from families with limited income. ECEAP prepares children for kindergarten and includes family support and health and nutrition services. It is funded by the <u>Washington State Department of Early Learning</u>.

The five ECEAP sites within our school district are Garfield, Hawthorne, Lowell, Madison and Silver Lake elementary schools. Space is limited – apply early! For an application or more information, please call 425-385-4628.

### Capital projects updates

Thank you for making so many capital projects possible through the April 2016 Capital Bond! You can follow progress on those projects online at <u>www.everettsd.org/capitalprojects.</u>



### Register to vote!

It's easy! You can register online at http://bit.lu/VoteRegistration or stop by your school office to pick up paper registration materials.

### Student opportunities and activities eflyers

We use *Peachjar* to email approved flyers from community organizations to parents and guardians. Schools also post those flyers on their websites. Look for the Peachjar button in the *Quicklinks* section of your school home page to see those flyers. You can also register there to have those flyers delivered to your email address if you aren't already receiving them.



### Kids in Transition program

The Kids in Transition (KIT) program supports students who qualify as homeless under the federal McKinney-Vinto Homeless Act. Students without a fixed, regular, or adequate nighttime residence may qualify. The KIT program works to eliminate barriers to students' academic success and extra-curricular involvement. We ensure homeless students have school supplies and provide tutoring

or help students join in extended day or summer school classes. We help students with the fees required take part in activities such as sports or clubs. KIT transports eligible students to maintain school stability, as long as the commute is feasible.

Last year, Everett Public Schools served over 1,100 homeless students at some time during the school year. For more information, visit the <u>KIT website</u> or contact Amy Perusse at 425-385-4032 or <u>aperusse@everettsd.org</u>.



#### **Attention volunteers**

Our schools rely on volunteers to support many important activities and our volunteer application has been updated.

- We are digital! All volunteer applications and background checks can only be processed online.
- We are focused on safety! We have new background check and safety training requirements.

**ALL volunteers must fill out a new application for the 2018-19 school year.** The new application is now available online at <a href="https://www.everettsd.org/volunteer">www.everettsd.org/volunteer</a>.



### Safety tip line

Do you or your student have a concern about someone experiencing bullying or harassment? Or have you perhaps heard a rumor about someone bringing a weapon or drugs to school? **Report it!** You can talk directly with your school's office or you can call, text or email your concern.

If there is reason for concern about safety on a designated walkway to school, call 9-1-1 immediately for authorized, quick help. We have strong partnerships with local law enforcement who share our interest in safe schools and neighborhoods.

Student safety is a priority for all of us. Working together, we can help make our neighborhoods and schools nurturing places for students to safely learn and grow.

### 3 easy ways

Text or call 855-637-2095

http://1350.alert1.us



3900 Broadway Everett, WA 98201 425-385-4000 www.everettsd.org Everett Public Schools does not discriminate on the basis of sex, race, creed, religion, color, national origin, age, honorably discharged veteran or military status, sexual orientation including gender expression or identity, the presence of any sensory, mental, or physical disability, or the use of a trained dog guide or service animal by a person with a disability in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups.

Designated to handle inquiries about nondiscrimination policies are:

- Affirmative Action Officer Randi Seaberg, rseaberg@everettsd.org, 425-385-4104
- Title IX Officer Mary O'Brien, MO'Brien@everettsd.org, 425-385-4106
- 504 Coordinator Becky Ballbach, rballbach@everettsd.org, 425-385-4063
- ADA Coordinator Becky Clifford, rclifford@everettsd.org, 425-385-5250